

**Parent Advisor**  
(Redcar and Cleveland West Cluster School)

My name is Barbara Dampier and I am the Parent Advisor for your school. I am employed by your Head Teacher to provide a service to all parents and carers. I have been based in Caedmon Primary School for two years.

My role includes:

- One to one parenting in the family home, this can look at issues such as managing misbehaviour and putting routines and boundaries in place. If parents /carers prefer it I can run a group looking at the same issues. Early intervention can help prevent minor issues escalating, it also helps prevent relationships from breaking down.
- Supporting parents/carers by providing information and advice across a wide range of issues such as, making referrals to and working with other agencies, helping to complete certain forms such as housing, and if required provide support if a follow up meeting is needed. I work in a non judgemental manner looking at issues such as debt awareness and benefits.
- Working closely with school staff and acting as advocate for parents/ carers, my aim is to promote and maintain good relationships between home and school by maximising parents/carers own abilities.

By working together and applying simple practical parenting strategies to help parents/carers manage children's behaviour, we can hopefully prevent problems such as attendance issues, behaviour issues in the community and encourage good behaviour.

These are some of the ways which I can work with you. If you feel you may benefit from an informal chat, in a private impartial way, please contact your School Head Teacher.

Barbara Dampier  
Parent Advisor